

## CORE VALUES

### Empowering men in all their roles

MAN seeks to empower men as individuals and in their family roles and as responsible members of society.

### Whole of life approach

MAN takes a whole of life approach and represents the diverse views surrounding men's issues.

### Masculinity

MAN promotes healthy masculinity and the well-being of men and boys as being essential to a safe and harmonious society.

### Harmony with women

MAN promotes respect for women and girls and believes that men and women, as equal partners, can together create a harmonious society.

### Inclusive

MAN is open to all interested organisations and individuals.

### Cultural Diversity

MAN acknowledges the traditional owners of this land and supports cultural diversity.

**Non-aligned:** MAN is not aligned with any political party or religious group.



MAN is endorsed by the Australian Taxation Office as a Health Promotion Charity and as a Deductible Gift Recipient. If you would like to make a tax deductible donation, please contact the Executive Officer, or send a cheque or money order.

### Visit the website

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# MAN

Men's Advisory Network

### VISION:

All men and boys living in Western Australia have an excellent quality of life.



### MISSION

Improve the holistic health and well-being of all men and boys in Western Australia

## OBJECTIVES

### Physical health

Encourage men's self-awareness and self-care.

Encourage health care professionals to provide male friendly health care services.

### Mental health

Encourage men and boys to value and respect their mental health.

### Emotional well-being

Encourage every man and boy to nurture and recognise the importance of his emotional life and to seek help in times of need.

### Social well-being

Encourage every man and boy to have a strong network of family and friends and to show respect for themselves and others.

### Spiritual well-being

Encourage every man and boy to find meaning and balance in his life, in whatever form that takes.

### Relationships

Encourage men and society to recognise the value of good relationships, especially the importance of fathers, partners and mentors.

## STRATEGIES

To achieve its function as a peak body for all organisations in Western Australia MAN will employ the following strategies:

### Inter-Agency Co-operation

Foster a network of individuals, groups and organisations cooperating to raise community awareness and improve resources for men's health.

### Awareness and education

Raise community awareness of issues impacting on men and boys and encourage a positive, supportive attitude towards those seeking to live more balanced, rewarding lives.

Facilitate forums at which men's issues can be openly discussed.

### Information and referrals

Provide men and boys with ready access to a wide range of comprehensive information relevant to their needs, including services.

### Policy and advocacy

Take a lead role in developing and promoting progressive policy and best practice relating to men's holistic health and well-being.

Advocate on behalf of men and boys.

### Services to professionals

Support and provide relevant resources for professionals and groups working with men and boys.

### Organisational development

Ensure the continuation and growth of MAN, building up resources and skills.

